

Issue 38 August 2016

The Flyfisher Magazine



Welcome to the August 2016 issue of "The Flyfisher Magazine" the free online magazine by keen fly fishers for keen fly fishers throughout the UK and Abroad.

If you wish to advertise within the magazine or the magazine's website www.theflyfisher.webs.com please email ukflyfisher@gmail.com for an advertising rates quote

Parent website: www.flyfishingdirectory.co.uk

If you would like to contribute a free story or a fishing report along with Photographs; please email those to ukflyfisher@gmail.com Please include a bio about yourself so that it can be added to your article.

Editor: Robin "The Cormorant" Lambert:
Cover Photo: Rutland Water

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FISH OF THE MONTH

[Click Here](#) to enter your pics for a chance to win £100 in GAC vouchers!

Editors Bit:

My apologies to all the regular readers; Facebook friends and fishing buddies for not getting out the July issue of the magazine. This was due to a big family two weeks holiday and going through the usual procedures for bladder cancer.

It is hard sometimes to get things done when you've got a full time job, doing the usual things a husband has to do like gardening and DIY around the house and getting some fishing in between; but there again life is too short and your long time dead so enjoy it while you can.

Due to this being a free magazine and no income received through subscription charges for the magazine and paid advertisements in either the magazine or website and the increase in the costs of running the website. I have had to cut the website down to a basic one the new link to the website is www.theflyfisher.webs.com

Hopefully you're all still enjoying the magazine. Drop me an email at ukflyfisher@gmail.com and let me know if there is anything you would like to see added to the magazine. Or even drop me some photos and news about the fishing in your area and I'll get it in the magazine for you.



Edinburgh Angling Centre
FISHING MEGASTORE **OPENING SOON!**

We are proud to announce a new chapter in the Glasgow Angling Centre story! In the Summer of 2016 we will be opening a new store, **Edinburgh Angling Centre**, that will service anglers in east central Scotland, the Borders, the Kingdom of Fife and beyond! The new store will be packed with the same huge range of angling tackle, clothing and accessories that you find in the Glasgow store, covering all types of angling including **Game, Sea, Predator and Coarse fishing**.

Edinburgh Angling Centre
Unit E
65 West Harbour Road
Granton Retail Park
Edinburgh EH5 1PW

Tel: 0131 202 6351
e-mail: sales@fishingmegastore.com
www.fishingmegastore.com

Edinburgh Angling Centre
FISHING MEGASTORE

Forth Road Bridge
15 minutes

Edinburgh City Centre
10 minutes

Bus routes from City Centre:
24, 37, 47



Already last fall our forecast for season 2016 was concluding that we will experience a big fish season. The first days of the season, which started on midnight 31st May, confirmed this so far and our expectations were even exceeded. The first day was difficult because of the high air temperature which was the reason for massive snow melt and strongly rising water. But since then the temperature dropped significantly, so the water level got soon much lower and the fishing was getting better and better.



Orazio Gatti with his beautiful fish of 112 cm and 12,5 kg (27,5 lb).

On the first day of the season 89 salmon up to 15,4 kg (34 lb) were registered at the Gaula Naturecenter. More than 270 salmon were landed so far. The biggest salmon was caught on the 2nd June on the Gauffossen Pool and weighed 17 kg (37,5 lb). The average weight is at present 8,6 kg (18,9 lb).



Cyrille Borro with his beautiful salmon of 110 cm and approx. 13 kg (28,6 lb), which he landed on our new beat E7.

The beats of the Norwegian Flyfishers Club in Kval already delivered some very nice fish during the first days of the season. Several salmon between 90 and 110 cm were already landed on the new beats and we are sure some more fish will follow during the next days.



Manfred Raguse with a nice fish caught on the evening of the 6th of June on our lower beats.

During the early morning hours of the 4th of June our Norwegian guest Tom Lillevik fished on E2 and spotted some fish moving. After only 2 casts he hooked into a good fish, a few minutes later he landed his first salmon – a good fish of about 7,5kg.



Tom Lillevik and his nice salmon from Beat E2.

Later the same morning our Italian guest Giulio Righini found his luck again, and landed his 3rd fish of the trip! The salmon was caught on Beat E1. Again a fish around 9kg – Giulio really had some fantastic days on his first visit on the Gaula.

In the afternoon, our newly arrived French guests Cyrille Borro and Laurent Galliot had our new Beat E7 on the rotation schedule. The Beat seems to fish better and better as the river drops, and they each landed a fantastic salmon! Cyrille's fish was a fantastic fish measuring 110cm, Laurent's fish measured 100cm – a really well-conditioned fish!

During the afternoon several more fish were seen moving but nobody hooked a fish. But already the next morning would be a fantastic start to the salmon season for Orazio Gatti who arrived late the night before. Orazio fished together with his guide Alessio Farloni on Beat E2. Within 1 hour of fishing he landed two great fish – the first fish was a nice salmon of about 7kg and the 2nd fish was way bigger, even if the photo does not really show the real size of that fish – Orazio's salmon measured 112cm, quite a big fish!

But the day wasn't over yet- in fact- it would get even better! During the afternoon, our French group fishing with us this week hooked 4 salmon and landed 3 of them on Beat E1 – all good fish between 8 and 10 kg!

The conditions are very good now. The water temperature is over 9° Celsius (yesterday we already measured 11,6°C). The salmon are passing the Gaulfossen since Saturday and the Water level is at 97 m³/Second. Already two days ago the first salmon have been caught above the Gaulfossen, just below our beats in Storen! Some more nice salmon were caught during the last days, please check our website for more information.

Also for the coming weeks everything looks very promising. The amount of fish caught in the research nets in the Trondheimfjord went up a lot. The amount of big salmon above 7 kg (15 ½ lb) is seven times higher than last year at the same time. The amount of medium sized fish, most of them are 5-6,5 kg (11 – 14 ½ lb) is almost ten times bigger than last year. All fish in the research nets have been tagged and carefully released.

If you have time you should consider to take the chance and come over to fish with us on short notice to take advantage of the present situation. We still have a few rods vacant during the coming weeks. Please send us an email to raguse@internationalflyfishersclub.com or give us a call at: ++47-91393498.

For more information please visit our website. www.internationalflyfishersclub.com

Best regards

Manfred Raguse & the Team of the International Flyfishers Club

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Phone: ++47-91393498

Web: <http://www.internationalflyfishersclub.com>

Orvis Website: <http://www.orvis.de>



Fishing Travelers to New Zealand

By Sue Farley

sue@nztravelbrokers.co.nz

Westhaven Retreat Fishing Package



Here's a fabulous Christmas and New Year Fly Fishing Special at Westhaven Retreat in beautiful Golden Bay.

This special trip incorporates 2 nights at **Westhaven Retreat** with the opportunity to fly fish for a day, or enjoy a nature tour. You'll get to relax and rejuvenate with beautiful views and an air of tranquil beautiful New Zealand. The way it really is!

Fly in early to Nelson, at the top of the South Island, or arrive the night before and stay in a local luxury B&B.

Leave Nelson for wine tastings, lunch and a very scenic journey through to Westhaven Retreat, on the wild, remote Westhaven Inlet.

At the lodge you'll enjoy 2 nights of luxury, with a relaxation massage included.

Enjoy a day of guided fly fishing at a nearby river, or a full day of guided heli-fishing to somewhere even more remote. Pickup from the lodge and all your gear and tackle are included.



Leave Westhaven Retreat the following day with a helicopter pick-up. Stop-off at Awaroa Lodge in the Abel Tasman National Park for lunch, then land back at Nelson airport for your flight out.

If you're not a fisherman there is opportunity to join a tour with Farewell Spit Eco Tours exploring Farewell Spit, Puponga and the most northern point on the South Island, Cape Farewell, home to 5000 birds. Transfers to and from the lodge will be arranged.

There are also opportunities to go kayaking, hiking, quad-bike riding or even pig hunting.

Contact us for more details on this limited offer.

New Zealand Fishing Lodges represents 20 of New Zealand's best fishing lodges. We also draw on a great selection of local guides in most areas.

Contact us for more details
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Jedforest Angling Association

<http://www.jedforest-angling.co.uk>

Jedforest Angling Association is a thriving club based in the picturesque and historic town of Jedburgh.

Over the many years which the club has been in existence, the dedicated and enthusiastic committee has managed to secure lucrative fishing rights for prime areas of the River Teviot.

More recently the association has invested in the purchase of two five acre lochs just a few miles south of Jedburgh.

The Hass Lochs sit amongst rolling hills with spectacular views of the Cheviot Valley.

These well stocked waters offer excellent sport with rainbow trout in excess of 10lb in residence. There is also a head of brownies but we do ask their return

The Hass Lochs also have the advantage of being suitable for the disabled angler.

The Hass Lochs are open all year with evening sessions starting 1st May

£15.00 per session per rod (2 fish limit)
£5.00 for supervised junior(1 fish limit)

Hass Lochs permits available from Taylors Newsagent, High St, Jedburgh, 01835 863936 and Abbey Bridge Tollhouse Cafe (last building on right before leaving Jedburgh south) 01835 869679

The association also offers fantastic fishing on around 5 Miles of the River Teviot, one of the major tributaries of the famous River Tweed, is available for salmon, sea-trout, brown trout and grayling angling.

They offer excellent fishing all year round. The River Teviot has good early season salmon runs with occasional fish into double figures. Grilse can be taken in the summer months. However it is the autumn runs which provide the best returns with fish in excess of 20 lb.

Grayling are particularly abundant on the Teviot and can be fished for all year. Fish well in excess of 3lb are regularly taken and stories of "monsters" are common amongst the regular visitors who frequent the water

Seasons

Salmon & Sea Trout	1st Feb-30th Nov (Fly only 1st-14th Feb & 15th May-30th Nov)
Brown Trout	1st Apr-30th Sep (Fly only 1st-30th Apr)
Grayling	All Year
Rainbow Trout	All Year(The Hass Lochs)

2016 Permit Prices

Visitors Salmon & Sea Trout

[Click here to book](#)

Visitors Brown Trout

[Click here to book](#)

Season Ticket	Seniors	£40.00
Season Ticket	Juniors	£15.00
Season Ticket	O.A.Ps	£15.00
Weekly Ticket	Seniors	£20.00
Weekly Ticket	Juniors	£10.00
Weekly Ticket	O.A.Ps	£10.00
Daily Ticket	Seniors	£7.00
Daily Ticket	Juniors	£3.00
Daily Ticket	O.A.Ps	£3.00

Fly Fishing in Slovenia

You can count on fishing in the majority of Slovenia's rivers and lakes. Slovenian rivers are divided into the Adriatic and Danubian or Black Sea watersheds. The main river in the former is the Soča and its tributaries, and in the latter the Sava and tributaries. As many as 45 watercourses are more than 25 kilometres long, and no two rivers are alike. The surface area of Slovenian waters totals 12,000 hectares.

Find out about the main fishing areas below:

Rivers of the Adriatic watershed

The supreme river of the Adriatic watershed fishing areas is the Soča, but good fishing can be had on other rivers, too.

- [Soča](#)
- [Nadiža and Lepenjica](#)
- [Tolminka and Bača](#)
- [Idrija and Trebuščica](#)
- [Vipava](#)
- [Reka, Klivnik and Mola](#)
- [Rižana](#)



The River Soča

The Soča is a river 136 km long that descends quickly from its source in Trenta towards the sea.

It's typical green-blue colour does not fade away completely even in Friuli, as if it would tell us that its heart belongs to the mountains and that is where it reveals itself in all its beauty, childhood liveliness and original purity.

Already its birth is turbulent and picturesque;

it springs crystal clear from a dark karst crevice below Velika Dnina and after a short time it descends in a 15 m high waterfall (the source is accessible to visitors along a secured path from the lodge Koča pri Izviru Soče), which breaks at the steep foot and then continues unbridled along its steep way to the valley.

On its journey towards the south over the millennia, the Soča has broken through the rocky obstacles that were in its way and in some areas created deep gorges that are so narrow in some places that it is impossible to jump across them.

One such gorge can even be seen from the road just before the village Soča (10 km from Bovec), when one gets the impression that the river has at once sunk into the rocks.

From the wooden footbridge across the river, there is a beautiful view into the valley and it is difficult to decide which of the two things is more admirable:

- the play of colours in the water which pours through the gorge or
- the smooth and curved arabesque walls of the gorge which the natural elements carved so patiently.

Another such gorge is at Kršovec (immediately after the village Kal-Koritnica, there is a sign that marks the entrance to Triglav National Park and there is a pathway branches off descending steeply to the riverbed), which is just as interesting, if not even more so than the first, just that it is a little farther.

For people who live by the Soča, this river has a symbolic meaning - somewhere deep within the human spirit it occupies the place of an immortal memorial, representing natural perfection.

One could measure the depth of its straits and the breadth of its pools; you could talk all day about its shades of colours, about its numerous rapids and waterfalls; but it is difficult to capture in rigid and unmoving words its total presence, which is not represented only by the flow of the water, but by its natural environment as well.

The river Soča indigenous marble trout are great little fish to catch, in the turquoise blue pools of the Soča river, as high as its source in the Trenta valley in the heart of the Julian Alps, the trout leaps for small flies in the evening twilight.

Just below the village of Soča, it is joined by the Soča grayling, another kind of fish of the Adriatic river basin that are elsewhere very rare. Their populations are very healthy throughout the Soča watershed. The best fishing is to be had from June onwards after the snow melt waters have drained away until the end of the season. In spring, when the Soča runs opaque with green-white melt water, fishing in its tributaries of the Lepenjica, Koritnica and Nadiža, from whence snowy melt waters quickly drain, is more prominent. The gravel bottoms and pools of the Soča are easily accessible. Fishing is possible along most of its reach; only in Korita and the Canyon at Srpenica access is sometimes impossible.

The rich stocks of fish in Slovenia's rivers and lakes can be credited in large part to the angling societies and the Fisheries Institute of Slovenia. In numerous fishing areas of Slovenia you can still catch wild fish, which is now quite a rarity in other countries. The angling societies, which take care of individual fishing areas, can also act as your best guide on where and when to go fishing and what you need to do before and after you fish.

Establishing a natural balance is not without its problems in Slovenia's rivers and lakes, since several species of fish are protected and endangered. But it is the angling societies and Fisheries Institute that have contributed to the renewed population growth of several fish species. And another major contribution comes from the approach of anglers, who are increasingly opting for 'catch and release' fishing.

The thrill and satisfaction on catching a fish, while knowing that you will immediately release it again, are in no way diminished, assert the anglers who fish in this way. You too can be one of those anglers.

Three organisations manage fishing on the Soča:

- from its source to the bridge in Čezsoča:
Zavod za ribištvo Slovenije (ZZRS) – the Fisheries Research Institute of Slovenia
tel.: +386 1 244 34 00
e-mail: info@zzrs.si
<http://www.zzrs.si/index.php/en/>

- from the bridge in Čezsoča to where it is joined by Vogršček stream:
Ribiška družina (RD) Tolmin – Tolmin Fishing Club
tel.: +386 5 381 17 10
e-mail: info@ribiska-druzina-tolmin.si
<http://www.flyfishing.si/>

- from where it is joined by Vogršček stream to the state border:
RD Soča – Soča Fishing Club
tel.: +386 5 300 58 01
e-mail: rdsoca@siol.net
<http://www.ribiska-druzina-soca.si>
Check the **fishing rules** and make an [online purchase of fishing licenses at RibiskeKarte.si](http://www.ribiskekarte.si)

Smoking Fish Part 2



Smoking Methods

Smoking fish is something that many of us have never considered before and while you may not have access to say a trout specifically; this method of smoking will work on other fish as well. I usually do not brine trout however; I will cover it in case you want to try it.

Preparing the Trout

In cleaning the trout it is best to cut the fish's head off and then make a shallow incision from the anus to the gills. You can then hold the fish up with one hand and use the other hand to gut the fish making sure to get the bloodline that runs along the length of the fish.

Wash the fish in some salty water to help get rid of any bad flavours and lay the fish aside for brining.

Brining a Trout

I use a pretty basic brine that basically consists of the following:

- 2 Cups Water
- 2 TBS Kosher Salt
- 1 TBS Cajun Seasoning

Feel free to add some hot sauce, wine, pepper, low sodium soy sauce, etc.

Let the fish brine completely covered for about an hour making sure the brine is able to get into the inside of the fish as well as the outside.

One of my favourite additives is 2 tablespoons of thick Jack Daniels barbecue sauce to the mix; this gives the smoked fish that little bit extra something special

Once brining has completed, lay the fish on a paper towel and let the skin dry a little while you get the smoker ready.

Three common factors in all hot fish-smoking recipes are salt, smoke, and heat. This guide explains the basic techniques for preparing delicious hot-smoked fish safely. It also recommends refrigerated storage for all smoked fish.

Note that the process described here applies to fish smoked using heat and is distinct from cold-smoked fish. (Cold-smoked fish is cured and smoked at temperatures below a range of 80–90°F during the smoking process, which means it is un-pasteurized and therefore must be handled carefully to avoid illness from harmful bacteria.)

Smoked fish is good, but...Fish smoked without proper salting and cooking can cause food borne illness—it can even be lethal.

Many dangerous bacteria can and will grow under the conditions normally found in the preparation and storage of smoked fish. *Clostridium botulinum* is the most notorious of these bacteria, but there are other harmful ones as well.

Because it is not easy for a producer at home to determine the final salt content of fish, the following parameters for adequate cooking while the fish is being smoked and refrigeration after the fish is smoked are the only ways a consumer can ensure a product will not support the growth of harmful bacteria:

- You must heat the fish until the *internal* temperature reaches 150°F (preferably 160°F) and is maintained at this temperature for at least 30 minutes.
- You must salt or brine fish long enough to ensure that adequate salt is present throughout the smoked fish (at least 3.5% water phase salt);
- If storing, you must keep smoked fish under refrigeration at 38°F or less.

Higher fat fish absorb smoke faster and have better texture after smoking than lower fat fish. Some of the ideal species for smoking are shad, sturgeon, smelt, herring, steelhead, salmon, mackerel, sablefish, and tuna.

You can smoke any fish without worrying about food borne illness if you observe the basic principles explained below for preparation, salting, smoking, cooking, and storage.

Preparation:

Different species of fish require different preparation techniques. Salmon are usually prepared by removing the backbone and splitting.

Bottom fish are filleted. Small fish such as herring and smelt should be headed and gutted before brining

Certain principles apply in all cases. First, use good quality fish. Smoking will not improve fish quality; in fact, it may cover up certain conditions that could create food safety problems later.

Thaw frozen fish in cool ambient air or clean fresh water.

Clean all fish thoroughly to remove blood, slime, and harmful bacteria. Keep fish as cool as possible at all times, but do not refreeze. When you cut fish for smoking, remember that pieces of uniform size and thickness will absorb salt in a similar way, reducing the chance that some pieces of fish will be either under- or over-salted. Do not let fish sit longer than 2 hours at room temperature after cleaning and before smoking.

Salting:

Salt preserves smoked fish by reducing the moisture content. However, without chemical analysis, it is hard to be certain that a fish has absorbed enough salt. That is why proper cooking and refrigerated storage are essential for safety. The following rules of thumb are useful to approximate the proper salt level for smoked fish.

Salt the fish before smoking in a strong salt solution (brine).

Salting fish in a brine that is 1 part table salt (non-iodized and with no anti-caking agent) to 7 parts water by volume for 1 hour will work in most cases. For instance, 1 cup of salt with 7 cups of water will salt 2–3 pounds of fish. (This proportion will read approximately 60° SAL on the scale of a salometer.

By weight, this formulation would be 1.57 pounds of salt per gallon of water.) A salometer is an instrument that can be purchased from a scientific supply store or a salt manufacturer for measuring the salt concentration of brine.

A gutted herring requires about 30 minutes brine time in a refrigerator; large or oily fish (e.g., 2–3 inch chunks or steaks from a 30-pound salmon) require about 2 hours.

Decrease the brine time for low fat and skinned fish. When experimenting with brining time, start with 15 minutes per half inch of fish thickness. Fish pieces should not overlap when they are being brined or salt uptake will not be uniform.

A smoked fish with a definite—but not unpleasantly high—salt flavour probably has absorbed enough salt.

Dry salting techniques are acceptable, and the same general rules apply. However, using a brining solution typically yields a more uniform salt concentration.

Many recipes call for brines with a lower salt concentration than the 1 part table salt to 7 parts water noted above—but for 18–24 hours.

These extended periods offer more opportunity for bacterial growth and possible spoilage later, and probably increase the mess you have to clean up later.

Once the brining period is complete, rinse the fish surface and allow it to air dry meat side up on a greased rack in a cool place until a pellicle forms (i.e., at least 1 hour) before smoking.

A pellicle is a shiny, slightly tacky skin that will form on the meat surface of your fish. If proper drying conditions are not available (cool, dry air), place the fish in a smoker with low heat (80–90°F), no smoke, with the doors to the smoker open so the pellicle can form. Use a low, clean flame if you have a wood heat source.

A pellicle will:

- 1) give the smoke a chance to deposit evenly during smoking
- 2) help prevent surface spoilage during smoking.

Smoking and cooking

Hot-smoked fish require 2 sequential processes: smoking followed by cooking. The length of smoking time depends on the flavour and moisture level you want.

Smoking first will result in a better-tasting product due to less of a baked fish flavour and curd formation caused by juices boiling out of the fish. Some oily fish (such as sablefish) may never appear to dry out the way salmon or tuna do, but they will still be properly smoked if this procedure is followed.

Smoke your fish for up to 2 hours at around 90°F in a smoker, and then increase the heat until the fish reaches a temperature of at least 150°F (preferably 160°F) and cook for at least 30 minutes.

It is important to measure product temperature because of variations in how warm air circulates inside smokers.

A long-stemmed thermometer inserted into the thickest piece of fish through a hole in the smoker wall will allow temperature monitoring without opening the door. Ensuring that the thickest section of meat is at a high enough temperature should be sufficient for the rest of the fish. If the air temperature in your smoker cannot reach 200–225°F, you'll need to cook the fish in your kitchen oven within 2 hours after the smoking process.

Waiting longer presents a danger of spoilage from bacterial growth. As in a smoker, the core temperature in the thickest piece of the fish must be maintained at a minimum 150°F for 30 min.

Other Fish

This procedure can be used with other fish like salmon, tilapia, catfish, crappie, etc. with varying results depending on what types of fish you and your family like to eat. Chances are good that if you like the fish fried or baked then you will absolutely love it smoked.

Hot Smoking Fish

This is really a method better thought of as smoke/cooking, rather than the more involved cold smoking process traditionally used to preserve meats. Fish cooked in the smoke/cooker should be eaten straight away. If kept in a fridge treat as cooked fish!

Start by preparing your fish the moment they are caught by getting them in to ice immediately. Fish flesh goes bad quickly if not keep cool.

I like to remove all the bones from a fillet and leave the skin in place. Sprinkle salt over the fillets and leave for 30 minutes to draw out some of the moisture. Rinse in cold water then pat the surface dry with a paper towel. You can omit this step if you wish but it is essential for watery species such as red cod.

Place the two metal dishes filled with mentholated spirit on the ground. Light the spirits and place the smoker over them.

Resist lifting the lid until the mentholated spirits has all burnt off. This should take about fifteen minutes.

A smoke/cooker is very portable and great taken on your trip to the lake. Fresh fish cooked on the spot. You just can't beat it for taste!

Rub brown sugar into the flesh. Put heaps on. This acts as a buffer to the smoke and improves the taste. Too much will simply run off so there is no danger of over sweet fish. You can add a drop of whisky, pepper, herbs and the like at this stage.

Line the smoker with foil. This makes it easier to clean. You only want a handful or two of oak sawdust - too much gives a bitter taste.

The Stillwater telescopic smoker: ideal for all larger fish like salmon and large pieces of game and venison.

Place the two metal dishes filled with mentholated spirit on the ground. Light the spirits and place the smoker over them.

Resist lifting the lid until the mentholated spirits has all burnt off. This should take about fifteen minutes.

A smoke/cooker is very portable and great taken on your trip to the lake. Fresh fish cooked on the spot. You just can't beat it for taste!

Timescale for Smoking Fish Brining Times

The type of fish, the weight of the pieces and whether the skin has been left on or removed establish the brining time. Following are general guidelines for time of brining.

Adjustments to the general guidelines for type of fish and whether the skin is left on or removed are discussed below.

Weight of Each Piece of Fish Time for Brining

Under ¼ lb. 30 minutes

¼ lb. To ½ lb. 45 minutes

½ lb. To 1 lb. 1 hour

1 lb. To 2 lbs. 2 hours

2 lbs. To 3 lbs. 3 hours

3 lbs. To 4 lbs. 4 hours

Weight of Each Piece of Fish Approximate Smoking Time

¼ lb. To ½ lb. 1¼ hour to 1½ hour

½ lb. To 1 lb. 1½ hour to 2 hours

1 lb. To 2 lbs. 2 hours to 2½ hour

3 lbs. To 4 lbs. 2½ hour to 3 hours

4 lbs. To 5 lbs. 5 hours

There are many different versions so feel free to experiment, however I have included some brine recipes on the following pages for you to try out.

Like everything you will either like the taste or you won't it is all down to trial and error until your taste buds like what they taste.

Brine Mix 1

This makes a lot but you can keep unused brine in the fridge for a few weeks for use later, or simply scale down proportionally.

Take 4 litres of water and add 500ml salt,
250mL brown sugar,
75mL lemon juice,
1 tablespoon garlic powder,
1 tablespoon onion powder,
1 tablespoon allspice,
2 teaspoons white pepper.

Mix until the sugar and salt are dissolved.

Place the fish fillets in a non-metallic bowl and pour in enough brine to cover. Swish them about to make sure they are wet, and leave for 30 minutes in a cool place. Make sure no four-legged creatures can steal them!

After 30 minutes, remove the fillets and dry on kitchen towel. For the really best results, you need to air-dry the fillets so they get a good texture in the smoker.

I have a fan oven which has a fan-only setting (no heat). This is ideal, and will dry the fillets sufficiently in an hour. Alternatively let them dry in a cool draughty place if possible.

The dried sugar/salt crust is called a pellicle.

Brine Mix 2

1/3 cup brown sugar
1/4 cup non-iodized salt
2 cups soy sauce (1 cup soy and 1 cup Yoshidas original gourmet sauce really improves things!!)
1 cup water
1/2 tsp onion powder
1/2 tsp garlic powder
1/2 tsp pepper (black)
1/2 tsp Tabasco
1 cup dry white wine
and here is the kick....1/2 tsp dry mustard

Mix dry ingredients then add liquids.

Cover fish with brine.

I like to brine my fish for 48 hours overhauling the fish twice during that period. I also use a tight sealing Tupperware container (1.5 gal) and brine in the fridge.

Brine Mix 3 Sweetly Smoked Rainbow Trout

Ingredients :

5 pound rainbow trout
Kosher salt
1.5 Litres soy sauce
2 Cups of brown sugar
1 Cup of honey
2 Tbsp ground pepper
3 Tbsp lemon juice

Cut the trout fillets into chunks about 6 ounces each. Make sure you keep the skin on.

Using the kosher salt, completely coat the fish. Set the coated fish in the refrigerator for 12 hours. Be careful not to leave much longer as the fish will become too salty.

Next, remove the fish from the fridge and rinse with water removing all the salt. You will notice the fish has become firm.

Mix together the soy sauce, brown sugar, honey, pepper and lemon juice. Marinade for up to 36 hours (the longer in the marinade, the more flavour). Put the fish in the smoker skin down.

For best flavour try smoking using bark-less Alder wood. Do this for six to seven hours.

Benchmark time for a small home smoker is 160 degrees Fahrenheit for six hours. A larger smoker may require a longer smoking time.

Drying

At the end of the brining period the fish is removed from the brine for drying. The fish should be lightly rinsed in fresh water. If you do not rinse the fish; the finished product will be somewhat saltier than if you had not rinsed it.

After removing the fish from the brine, place the fish on elevated racks for drying prior to smoking. It is easiest to use the same racks that you will use in your smoker. Lightly oil the racks to avoid sticking. Place the racks of fish in a cool breezy place protected from flying insects. We usually place an electric fan near the racks to provide a breeze.

The time for drying is usually one hour at which time a thin glaze called the pellicle is formed on the fish. The pellicle aids in the development of the colour and flavour as the fish is smoking. It also helps keep in the juices and retain the firm texture of the fish as it is smoked.



mackenzie FX1 GRAPHENE FLY RODS

The team from Mackenzie DTX have teamed up with Professor Gary Savage, former Formula One World Team Champion and one of the world's leading experts in carbon and composites to bring to market what has to be regarded as the most advanced fly rod ever made! With Professor Savage's help, Scott Mackenzie and his team have designed and built a world first - a fly rod incorporating a new super material called Graphene! The rods themselves are made in the UK, and feature the very best craftsmanship and fittings money can buy! Top grade Portuguese cork handles have been specially chosen and are made to a length and style to allow casters of all styles and abilities to use the rod in comfort.

Code	Length	Pcs	AFTM	Price
MC0067	13ft	4	#8	£949.00
MC0068	14ft	4	#9	£975.00
MC0069	15ft	4	#10	£999.00



NEW

SONIK SK LITE FLY ROD

An exceptional range of light-line river fly rods ranging from 8' #3 to 10' #4, that will appeal to the most discerning fly angler.

Code	Length	Pcs	AFTM	RRP	Price
SO0047	8ft	4	#3	£179.99	£90.00
SO0048	8ft6	4	#4	£179.99	£90.00
SO0049	9ft	4	#3	£189.99	£95.00
SO0050	9ft	4	#4	£189.99	£95.00

HARDY FORTUNA X FLY REEL

- Largest sizes generate up to 32lb of top end drag
- Multi Carbon disc brake system
- Top grade 6061 anodized bar stock aluminium
- Change from left to right hand wind with tool supplied
- Secure, quick release, interchangeable spools
- 7-Point sealed drag system - Saltwater safe

Code	Model	Capacity	RRP	Now
HR1523	X1	WF8 + 201yds	£649.00	£329.00
HR1525	X3	WF12 + 274yds	£649.00	£389.00

okuma SLV SALMON FLY RODS

The SLV Fly Rods from Okuma feature quality components at a great price and are great for the beginning fly angler and seasoned pro alike.

Code	Length	Casts	Pcs	RRP	Now
SV8086	12ft 6	#8/9	4	£139.99	£50.00
SV8085	14ft	#9/10	4	£149.99	£50.00



GUIDELINE REACH DH FLY RODS

The superbly versatile Reach series of Double Handed fly rods from Guideline deliver crisp action and fantastic casting ability and performance at an incredible price.

Code	Length	AFTM	Pcs	RRP	Our Price
GC2774	13ft 7	#9/10	4	£279.99	£180.00
GC2775	14ft 8	#10/11	4	£289.99	£200.00

DAIWA 15FT WILDERNESS XT SALMON ROD

Designed around a convenient four section assembly each model immediately transmits a positive feel and their balance in the hand allows for a quicker movement by you right down to the tip.

Code	Length	AFTM	Pcs	RRP	Price
DW2385	15ft	#11	4	£290	£100



HARDY ULTRALITE CLS

- Centralised twin Rulon disc drag for smooth, powerful line control
- Large arbour design for rapid retrieval and minimal line memory
- Large backing capacities
- 6061 bar stock aerospace grade aluminium construction, fully anodised
- Tool-less conversion from left to right hand wind
- Modified polycarbonate spools with captive release

Code	Model	Capacity	RRP	Now
HR1694	9000	WF11 + 130m	£249.00	£125.00

50% OFF!



DAIWA TROUT FLY RODS

The simple, elegant Daiwa Trout Fly rod delivers performance and quality at a bafflingly good price. The 3pc carbon blank sports a crisp medium fast action, and comes in a selection of sizes to cover most freshwater, single handed applications.

Code	Length	AFTM	Pcs	RRP	Now
DW7287	8ft	#4	3	£99.99	£29.99
DW7288	8ft 6	#5	3	£99.99	£29.99
DW6004	9ft	#6	3	£99.99	£29.99
DW6005	9ft 6	#7	3	£99.99	£29.99
DW6006	10ft	#7	3	£99.99	£29.99



NEW

okuma SLV FLY REELS

- Excellent quality yet highly affordable Okuma fly reel
- Die cast aluminium ported frame
- Die cast aluminium ported spool
- One way clutch bearing system
- Mid arbor reel

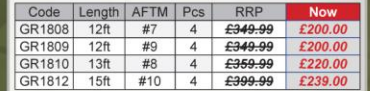
Code	Model	RRP	Now
SV4566	#4/5	£64.99	£35.00
SV4567	#5/6	£64.99	£35.00
SV4568	#7/8	£64.99	£35.00



GREYS XF2 'S' SERIES DH RODS

The XF2 'S' Series is the perfect choice for those who feel they would like to venture into the world of short head lines and shooting heads, and are seeking the correct tool for the job but don't want to go back to casting school.

Code	Length	AFTM	Pcs	RRP	Now
GR1808	12ft	#7	4	£349.99	£200.00
GR1809	12ft	#9	4	£349.99	£200.00
GR1810	13ft	#8	4	£359.99	£220.00
GR1812	15ft	#10	4	£399.99	£239.00



stillwater TELE ONETEN LURES

This highly versatile jerking and diving crankbait sports an action and look in the water that's irresistible to fresh and saltwater predators alike! Top notch features include internal rattles for maximum attraction, balanced weight for optimum casting accuracy and performance and a super tough lip for an intense diving action in the water. Available in a choice of striking colour patterns, each rigged with 3x super sharp size #6 VMC treble hooks.

Code	Colour	RRP	Price
QL0089	Akatori	£9.99	£7.99
QL0090	Amago	£9.99	£7.99
QL0091	Iwana	£9.99	£7.99
QL0092	Tiger	£9.99	£7.99
QL0093	Wakin	£9.99	£7.99
QL0094	Wakasaki	£9.99	£7.99
QL0095	Kinkuru	£9.99	£7.99



SIMMS PREMIUM FISHING NIPPERS

Built for prime cuts across a mountain of fluorocarbon, mono, and wire. Simms' new Nipper takes this angling mainstay to the next level.

Code	Size	RRP	Price
MM4420	Citron	£32.99	£14.99
MM4419	Chrome	£32.99	£14.99
MM3301	Gun Metal	£32.99	£14.99
MM3302	Oasis	£32.99	£14.99
MM3303	Orange	£32.99	£14.99
MM3304	Replacement Blades	£14.99	£14.99



GUIDELINE SWITCH MULTI TIP

Guideline's new Switch Multi Tip range is exactly how it sounds, a multi-tip style line specifically designed for Switch rods - Longer heads in light weights!

RRP: £109.99
Only **£50.00**

Code	Type
GC1637	#5
GC1638	#6



Edinburgh Angling Centre

FISHING MEGASTORE

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We are proud to announce a new chapter in the Glasgow Angling Centre story! In the Summer of 2016 we will be opening a new store, **Edinburgh Angling Centre**, that will service anglers in east central Scotland, the Borders, the Kingdom of Fife and beyond! The new store will be packed with the same huge range of fishing tackle, clothing and accessories that you find in the Glasgow store, covering all types of angling including **Game, Sea, Predator and Coarse fishing**.

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Fly fishing for tailing redfish: 5 mistakes you'll make this summer.



Photo by [Katie Blizzard](#) of [The Uncommon Angler](#).

It's getting to be tailing redfish season.

The tides will be getting right to cast to fish looking for crunchy snacks in the spartina flats.

You want to catch one, don't you?

Well guess what? You're going to screw it up and it's going to make you go nuts.

Here are 5 things you're going to mess up on and some ways to be prepared in advance so you won't chuck your rod in the water out of frustration.



1. Cast to the tail.

The tail is the part you see, so that's the part that dudes end up casting to.

Just a quick heads up – they eat with the other end. If you cast at the part you see, I'll bet the house you won't get a bite.

Take a look at the fish; it's most likely between 24 and 30 inches long. Figure out which direction it's swimming and lock your eyes on a spot about 2 feet ahead of where its head is pointing.

Put your fly there.

2. Line the fish.

If your fly line goes over the back of a redfish that was previously feeding happily, you can pretty much count on him taking off like a torpedo.

The fly is way out there on the end of your leader.

Why would you try to catch the fish with the middle part of your fly line anyway?





3. Hit the fish right between the eyes.

Remember I said to lock your eyes 2 feet in front of the fish's face?

Yeah, that doesn't mean drop the fly ON his face. If you put that fly right there, he'll blow out before the fly even hits the water.

It's pretty amazing actually. They see it coming right at them and... Poof!

Gone.

Remember, any fish feeding in extremely shallow water is super sensitive to anything swimming above its head. This comes from a youth spent dodging herons, egrets, ospreys, and various other birds of prey.

4. Make a bad cast and rip the line right back up to cast again.

You might miss out on this.

Really? You had to do that?

The fish don't like that either.

If your cast doesn't land exactly where you want it to, be patient. See what the fish does first. The way they meander around when feeding on spartina flats, your fish could end up swimming directly at your fly if you leave it alone for a second.

Plus, as long as it didn't land right on it's face or tail, that fish heard that fly hit the water. [A redfish loves a nice "plop" sound.](#) Quite often he'll swim around and try to find the source of the sound.



[How to catch redfish on the fly with no visibility: The 3 fundamentals.](#)

If after a few seconds the fish isn't moving in the right direction, then *slowwwwwwwly* start your pick up and get your line in the air without making much noise.

If you do it right, you'll get your second chance.

5. Worry too much about your fly.

Redfish love my Critter Fly tied with a [Fish-Skull Sculpin Helmet](#).

Guides and experienced anglers doing this kind of fishing have more flies than *Return of the Jedi* had Ewoks.

Almost anything will work.





The new [Fish-Skull Shrimp & Cray Tail](#) is a delicious-looking touch and weights your fly. Something with a crabby or shrimpy profile will usually work. Make sure it's weedless. I've been tying a lot of my flies for tailers on the same hooks bass fishing guys use for plastic worms.

Put a tail of some kind of fuzzy fur on it, wrap a body of some kind of chenille or other wrap. Add a couple rubber legs.

I find that orange is a trigger color but other anglers use all black or purple or... well, whatever works for them.

Mostly, don't screw it up.

Somebody poling that skiff worked their butt off to get you into position to make that cast, and it's not all that easy.

They brought you to a spot they know is good through a large amount of trial and error and weeding out spots that stink.

So you know, no pressure or anything.



About Captain Gordon Churchill on the right:

Gordon is a former full-time fly fishing guide who has been chasing false albacore on the North Carolina coast since 1997.

Check out his blog of fishing reports, rants, and raves [here](#).



Fishing Reports

Tel/Fax 01877 385664
www.menteith-fisheries.co.uk
Lake of Menteith



Water Temperature – 8C, Clarity (Secchi disc)1.9m.

Areas that are doing well include Sam's point drifting to the shallow markers, Top end of the cages, Malling shore and shear point round to International bay. Owls and double deckers and cdc's are doing well if you are using dries also diawl bachs, cormarants and mini boobies are doing fine in a midge tip or intermediate.

On heat 10 of the Boat league Brian Mackenzie won it again with 12 fish Sandy Baog was second with 10 and Bill Ramage was third with 8. Full results can be seen on the boat league page of our website.

On Thursday we had the Angling world Championships singles event, in first place was Gordon Leavy with 13 fish, Second was Ian Simpson with 11 fish and third was Ken Kennedy also with 11 fish.



On Friday we held the Team event of the Angling world Championships with Lintrathen (left) being top team the other qualifiers were Alba, Tweed Valley Tangles and Frozen North.

On Saturday Tartan Tyres (Right) were top team in heat 10 of the Scottish clubs championships 2nd was Lintrathen and 3rd was Ayr Travellers FF "A", full results are on our Facebook page.

Well done to Liz Fraser for becoming 2016 Scottish Ladies Champion She Caught 9 fish. 2nd was Lana Taylor with 8 fish and 3rd was Jean Ferguson with 5 fish.



CATCH RETURN ENTICEMENT

We are introducing a trial scheme to help remind anglers to fill out a catch return. The plan is to select randomly a catch return from the sheets every fortnight and award them a free catch and release boat. The winner will be posted in these reports and on facebook. Random numbers (0-14) for the day will be selected on a computer, then a random number (0-30) will be chosen to select the boat number on that day. If this number exceeds the boats rented on that day then a correction will be made.

General

Clarity is still relatively good at 2.8m and the temperature was a cool 15.5C at 6ft yesterday. Everybody seems to be off on holiday and the lake has some nice quieter days at the moment. Some 1000 bigger than average fish going in today and later in the week.

Baynes Tackle Callander and Southside Decorator Boat League

In the evening boat league the 27 anglers netted 81 fish. It was apparently a challenging evening for most with the exceptions of Messrs. Ramage and Galloway who captured 11 and 10 on the white rammy cat and diawl bachs in Gateside and on the Malling Shore. 3rd was league leader Brian MacKenzie who caught his 6 on dries and boobies. Steven Francis collected the Baynes of Callander Tackle Shop Voucher, Jim Donnelly got the Southside Decorator's bottle of malt and the Lake's 50th Merchandise item was claimed by Andy Smith.

Jim Donnelly was out last weekend and had a double hook up at Stable point, on dries, managed to get this one in (estimated 10lb) and safely returned.

Scottish club Championship by K.Miller

Heat 11 of Scottish Club Championship at lovely Lake of Menteith would prove to be a real cracker. 15 teams were in contention with holders Neilston FF and 7 other previous heat winners involved. Renowned team Soldier Palmers were back after a few years, and up and coming young guns Future Fly Fishers were in the pack. At end of the night 143 trout had been caught with 68 being returned, for a total weight of 289.2.5oz. 6 teams had weighed in over 20lbs weight of trout. Present silver salver holders Neilston Fly Fishers trio of Jim Litster, Brian MacKenzie and Tom Burnett took first place with a great catch of 23 trout for 44lb 11.2 oz. Runner up team Dows Fly Fishing Club of Abigail Montgomery, John Buchanan and David Mateer had 14 trout for 29lb 11.6oz. 3rd place to Soldiers Palmers team of messrs Rattray, Maestri and McEwan with 12 trout for 23lb 4.7oz edging into the spot by a 3oz margin from Bucks Head Fly Fishers. Previous winners Change Fly Fishers "B" had to settle for 5th place with 11 trout for 21lb 10.2oz.

Top 5 rods qualifying for Champion of Champions final were:-

1st place Jim Litster Neilston FF 10 trout for 19lb 14oz 2nd place Brian MacKenzie Neilston FF with 7 trout for 13lb 9.5 oz 3rd place John Buchanan Dows FFC with 7 trout for 13lb 8.2oz 4th place to John Maestri Soldiers Palmers with 7 trout for 13lb 4.8oz 5th place to Ray Anderson Change FF "B" with 6 trout for 12lb 11oz. Reserve place for Champion of Champions to Wullie Cowan ABC&D with 6 trout for 11lb 5.5oz. Heaviest trout on the night was a beauty of 6lb 12.8oz caught by Bucks Head FF angler Andy Smith. Team captains of winning team,

runners up, captor of best basket and heaviest trout all received commemorative anniversary Lake of Menteith bottles of whisky and beer. Jim Litster caught his trout at International Bay, Stable Point and Cages Bay using a slow glass line and hoppers.



Lochter Fishery Report – Mild Autumn Good and Bad for Anglers

Time To Get Out And About

We have had the Euros, Wimbledon fortnight, the Tour De France, and in two weeks time the Olympics get under way, all the television temptations.

We now have a short weather window where we should drag ourselves away from the box and get outside for ration of vitamin D, provided by good old Mr Sunshine.

At Lochter Fishery Oldmeldrum there have been plenty of anglers young and old out enjoying themselves in the great outdoors and catching their tea as a bonus.

Ben Adams kept three for the BBQ and release three more using a black hopper. Simon Maybury did exactly the same with buzzers.

Greig Littler from Newmachar already has plenty in his freezer and chose to return all eighteen fish tempted by his black buzzer. Ryan Bruce had a fine morning fishing with nine using bushy dries and bibios.

George Abel from Inverurie used special uv (ultra Violet) flies to account for ten and Doug Mair consistent as ever returned seventeen using his uv nymphs. Harry Hughes stuck with his favourite buzzers and diawl and eleven nice fish including one in double figures agreed with his choice.

Looking down the "Fly Used" column of the catch record, buzzers and dries featured most with white lures, cats whiskers and yellow dancer also did well.

ANGLING PRESS SERVICES

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Although now pretty well retired from the front line of the angling media of which he had huge experience Jim still distributes fishery reports on a weekly basis on behalf of a number of the most prestigious small Scottish fisheries and for the past thirty years has written the angling column for the Sunday Post.'

Frandy Fishery, Glendevon, by Dollar, FK14 7JZ. Tel: 01259 781352 Mobile: 07920445664 <http://frandyfishery.co.uk/>

On the individual front Anthony Glasgow & Phil Cochia from Strathallan kept 6 fish weighing 14lb 8oz and released a further 2, Michael Rae, Alva 5 brown trout weighing 6lb 8oz and released a further 5, Donald MacGregor & Ian McGrouther, Alva, kept 6 fish weighing 13lb, Jim Watson & Dave Gonsales, Auchtermuchty, 6 fish weighing 13lb 12oz and Brian Thorne from Glen Devon took 10 fish weighing 22lb and released a further 5. Tom Melville & Jim Galloway from Blairgowrie retained 7 fish weighing 15lb 8oz and Ian Wilkie & Murray Clark, Madderty, 6 fish for 12lb. Club Returns: Perthshire F/C kept 7 fish weighing 13lb 12oz.

Helensburgh A/C kept 33 fish weighing 67lb, Pentland Civil Service A/C 9 fish for 20lb 3oz, St John Fly Fishers 13 fish for 24lb 14oz, Dunoon & District A/C kept 18 fish weighing 37lb, Denny & District A/C 6 fish weighing 12lb and Stanley & District A/C took 9 fish for 18lb 5oz. He best catching flies and lures included the Muddler, Sedgheg, CDC Hoppers, Bibio Hopper and the Daddy whilst all areas of the fishery continue to fish well.



FORBES OF KINGENNIE COUNTRY RESORT

<http://www.forbesofkingennie.co.uk/index.php/fishing>

(Broughty Ferry) Here at Kingennie it was very much mixed weather which went from one end of the scale to the other, with catches following a similar pattern. Thankfully there were substantially more positive than negative results. Last week the Boathouse Pool out-performed all the other ponds, with most of the better returns surprisingly being taken on a variety of lures. Mr. Purvis took four fish for 12lbs 8oz and returned 5; Mr. Kelly had three rainbows for 8lbs and returned 14 and Mr. McDermid took two for 12lbs and returned 9. The Falconers shared eight fish for 20lbs; Mr. Nicholas took two for 9lbs with the better fish weighing 5lbs 12oz whilst Mr. Connell returned 13 on a catch and release ticket. Successful lures included Yellow Dancer, various Damsel patterns and Bunny variations.

The Burnside Pool was a little more variable with some regular anglers struggling on certain days when the going got tough. However, decent catches were recorded including a catch/release bag of 14 fish returned by Mr. Smith. The Ace of Spades proved very successful for Ed Valentine who returned 10 fish whilst Mr. Watson returned 11 taken mainly on Buzzers. Weed removal is ongoing on the Bankside but this didn't stop Ken Jones from returning 11 fish, taken mainly on buzzers. Mr. West took two fish for 5lbs and returned another nice rainbow. There has been a substantial amount of surface activity on the pond but dry flies have not brought much success. The any legal method pool, the Woodside, has again responded well to Powerbait fished beneath a float. A group of six anglers shared thirteen fish for a combined weight of 22.50lbs. Mr. Harris landed six rainbows for 9lbs 8oz whilst Mr. Stuart took four fish for a total of 7lbs 8oz.



<http://www.orchillloch.com/>

The fish are being caught on the top or just under the surface with a wide variety of dries and lures. Most of the time the fish are taking quite slowly or just nipping at the tails making it quite frustrating at times for the anglers. This is what makes fishing so exciting there are never two days the same and each day is a new challenge.

Geoff Thomson from Blackford had 2 for 8lbs on a Yellow Dancer, Colin Clement, Tyndrum, 4 for 10lbs on a Diawl Bach, A Knox, Glasgow, 3 for 9lbs on Dries, David Duncan, Slamannan, 2 for 9lbs 4oz on a Yellow Dancer and Brian Neilson from Stirling used a Goldie to take 3 for 12lbs. James Gunn from Perth had a brace for 7lbs 12oz on an orange Fritz, Robert Waddell, Houston, 2 for 7lbs on a Hare's Ear, A Johnston, Falkirk, 2 for 8lbs on a Bloodworm and Dougie McKendrick from Alva had 2 for 7lbs 8oz on a Diawl Bach. Wilson Orr from Tullibody had a couple for 8lbs on Dries.

MARKLE (East Lothian) It was a good week for the catch and release boys with Neil Raeburn from Edinburgh taking 6 on Buzzers, Jack Hay, Haddington, 3, on Buzzers, Ken Morrison, Edinburgh, 3 on a Diawl Bach and Derek Demarco from Haddington had 4 on the dry Zombie. Steve Rogers from Edinburgh had 4 on a Black Rabbit, David Bullen, Edinburgh, 3 on a Rabbit, Bruce Hunter, Edinburgh, 4 on Buzzers and Mark Anderson from Edinburgh used lobs to catch 3.



<http://www.swanswater-fishery.co.uk/index.html>

The Fishery opening hours are 8.00am to 8.30pm every day.

There were quite a few big fish landed at Swanswater this week, as the challenge to land fish continues. Many anglers are reporting follows and knocks, and quite a few fish are being hooked and lost, but getting them to the net is still proving a bit tricky for some. For most of the week the fish were between 2 and 4 feet down although they were a bit nearer the surface in the evenings and on Sunday. The dam and the island were the best areas this week, along with the boats. On the small ponds the fish were just below the surface all week. Nymphs and wet flies were attracting most fish, with the odd one being taken on dries. Favourite patterns included Damsel, Buzzer, Black Spider, Bibio, Diawl Bach, Kate McLaren, Yellow Owl, Hoglouse and Daddy Long Legs.

Mostly the fish were looking for something to chase so a reasonably fast retrieve was required to attract their attention. Two of the biggest fish of the week were landed at the extremes of the Fishery opening hours. Friday regular, Danny Doherty from Denny, had a very successful day with 5 fish for 18lb 6oz, including a 9lb 7oz Rainbow landed before 9am. Another big Rainbow, 8lb 4oz, fell to Carlo Pezzani very late on Saturday evening. Also amongst the big fish was Steve Prevot, Coatbridge, with an 8lb Rainbow in his bag of 5 for 16lb, and Alan Prentice, Clackmannan, with one at 6lb 8oz. Jim Denny took 3 for 11lb from the boat including a nice 4lb Rainbow. A few Browns were landed this week with Frank Barr, Falkirk, taking 2 in his bag of 4 for 10lb plus another 5 fish caught and released, and Jim Craig, Balloch, had one in his 2 for 5lb. Several anglers on catch and release enjoyed a lot of excellent sport. J Queen and M Ward both returned 9 early in the week; and Kevin Gray, Camelon, returned 7 including 2 Browns at the weekend. Kyle Morrison, Coldstream, also returned 7.



WOODBURN TROUT FISHERY

Anglers - Clubs - Families - All Welcome

<http://www.woodburnfishery.co.uk/>

The top taking flies last week were the Yellow Dancer, Cat's Whisker and the Ally McCoist but in the evening the CD was scoring highly. Mr. Spalding from Milton of Campsie caught a brace weighing 8lbs – best fish 4lbs, Mr Yasat, Glasgow, 1 for 3lbs 7oz, Steven Daniels, Milton of Campsie, 4 for 11lbs, A. Brace, Kilsyth, 8 on C+R, A Dobbie, Glasgow, 4 C+R and Davie Taylor from Kilsyth had 4 on C+R. Mr McSporran from Clydebank 3 on C+R, Mr McKenzie, Glasgow, 3 for 8lbs, Mr. Smith, Stonehouse, 3 for 15lbs 2oz, T. McCormack, Twecher, 4 for 9lbs 8oz, Eric Brown, Glasgow, 2 for 7lbs, Jim Dickson, Castlecary, 1 for 7lbs and John Shaw from Kilsyth had 7 on C+R. Stewart Sutherland from Kirkintilloch had 8 on C+R and Mr, Thomson from Cumbernauld had a bumper catch of 11 on C+R. John Wright from Stirling took 4 for 14lbs, Mr McArthur, Clydebank, 5 weighing 14lbs, Mr Kyle, Glasgow, 3 for 6lbs 8oz and Mr Galbraith from Inveraray took 3 for 10lbs.

BELLBROOK VALLEY

TROUT FISHERY

t. 01398 351292 m. 07967 335159

The Bellbrook Cup 2016 - 1st Prize £1000 cash

More details of the event can be found at: - www.bellbrookfishery.co.uk/competitions



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Tel 01566 771930
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Visit our website
www.swlakestrust.org.uk
Email us at info@swlakestrust.org.uk

General:

The weather has continued to be generally fine, warm, with some very humid days and the occasional heavy downpour – ideal conditions for hatches and terrestrials in the air, with dry patterns performing well on calmer days. Water temperatures are around 19-20 °c and rising, with the best fishing often early in the morning or late afternoon. Water levels are starting to fall.

Fishing:

Kennick – Rod averages fell slightly as the water temperatures rose, starting off at 3.4 fish per angler and down to 2.4 for the month. Fish regularly fed from the surface in Boat Bay and The Narrows, producing excellent dry fly conditions for both boat and bank anglers. The most successful patterns included Buzzer Emergers, Daddys, Beetles, Black Gnats and Hoppers). Teams of Buzzers, as well as Diawl Bachs, Damsel Nymphs, Kennick Killers and Montanas, fished on a floating line caught fish just under the surface, while Boobies fished on a sinking line caught fish on the hotter, brighter days. The best fish of the month was a 7lb Rainbow, caught by Andy Lobb from Newton Abbot. Mr. Medlaw from Teignmouth caught a 5lb Rainbow from the bank, using a Daddy in Poplar Bay.

Siblyback - The banks generally proved to be more popular than boats in July, with Two Meadows and Stocky Bay producing the best fishing. Early in the month fish were feeding eagerly from the surface, with Trout being caught using Dry Black and Peacocks, Hoppers, Daddy Longlegs, Black Gnats, Bobs Bits and CDC Emergers. Fish went deeper as the month progressed and the water temperatures rose, with Cats Whiskers and Orange Lures fished on a sinking line catching most of the fish. The best fish of the month was a 3lb 6oz Rainbow caught by Mr. K. Tuvey.

Wimbleball – With the water temperatures rising, fish have moved out into the cooler, deeper water and boat anglers fishing the open water have enjoyed the best of the sport. There have been no particular hot-spots, so drifting has been the preferred method in order to cover plenty of water. Dry patterns, particularly in the evenings, have produced some excellent sport. Successful patterns included Daddies, Hoppers and Parachute Adams. Sub-surface teams of small nymphs fished on the 'washing line' (including Diawl Bachs, Pheasant Tails, Buzzers and Hares Ears) have caught well, with Boobies and Orange Blobs taking fish in the deeper waters.

Burrator – The water level is now down to 60%, which means that plenty of fishing is now accessible to bank anglers. The banks at Longstone Peninsula continue to be the most popular for both boat and bank anglers and rods averaged 2.7 fish, with catches falling slightly as the month progressed and water warmed. With Buzzers and Beetles on the water, Beetle patterns, Sedges and Buzzer Emergers caught fish from the surface, particularly in the early mornings and evenings. Damsel Nymphs, Montanas, Diawl Bachs and Buzzers caught well fished on floating and sink-tip lines. Boobies and Orange Blobs fished on sinking lines caught some deeper lying fish.

Stithians – Hatches of Buzzers and Beetles blown onto the water has meant that fish have been feeding near the surface and nearly all have been caught on either a wide variety of dry patterns (including Hoppers, Emergers, Dry Sedges and Bobs Bits), or Nymph patterns fished just under the surface (including Buzzers, Diawl Bachs, Spiders, Damsel Nymphs and Shrimp patterns). The best locations included Pub Bay, Cammenellis, Yellowwort, Goonlaze and Chapel Bay. The best fish of the month was a 5lb 4oz Rainbow, caught by Mr. K. Harrison from Hayle, using a Gold-Head Nymph fishing in Pub Bay.

Roadford – Fish are feeding eagerly from the surface now and there are plenty of rising fish. The boat fishing is now really starting to take off at this fishery, with anglers producing some outstanding catches, particularly when drifting over the boils. Andy Birkett from Plymouth caught 11 fine grown-on Browns, including fish of 4lb and 3lb 8oz in one session and 30 Browns up to 3lb on another. Duncan Kier from Belstone had a wonderful day, catching and releasing 56 Browns up to 3lb 4oz.

Colliford – This Brown Trout fishery has now started to produce some excellent sport, with some grown-on fish in superb condition being caught. Some fish are coming to the dry fly (small Black Ants and Black and Peacocks), while pulled wets, particularly Soldier Palmer, have also done well. Decent fish have also been seen chasing sticklebacks in the margins. Stephen Jones from Lifton caught a beautiful 3lb fish on a #16 Black and Peacock, while Dean Boucher caught 12 fish up to 2lb on a Soldier Palmer in one session





DAVE CHOUINARD JOINS WINSTON PRO ADVISOR TEAM



The R.L.Winston Rod Company in Twin Bridges, Montana, is pleased to announce today that Dave Chouinard has joined the Winston Pro Advisor Team as a Saltwater Specialist.

"Dave brings an extraordinary level of professionalism and passion to Winston's Pro Advisory Team. His knowledge, scope and skills as an expert saltwater angler will be a great asset for Winston in the years ahead."

Annette Mclean, Head of Operations and Rod Design

For over 25 years Dave has been a passionate fly shop owner, guide, instructor and fly fishing industry sales rep. At the age of 21, he opened his first fly shop in the northeast, The Fly Hatch, which was well known as one of the finest fly shops in the country. Then, in 2008 he migrated south to Tampa, Florida and opened The Tampa Angler pro shop and guide service on the west coast of Florida. Today, Dave continues to be an active saltwater flats guide in the Tampa area as well as the owner of Chouinard Outdoor Associates, a leading fly fishing industry rep group in the southeast. Dave prides himself as a top industry instructor having conducted over 2000 individual casting lessons and now a co-instructor at The Black Fly Lodge Advanced Saltwater Fly Fishing School in Abaco, Bahamas.

When asked how he felt about becoming a Winston Pro Advisor, Dave said,

"I am truly honoured to join the Winston Pro Advisor team. As a lifelong fly angler, fly shop owner, guide and casting instructor, Winston has always been at the forefront of precision, quality and design. Winston rods have always been known for their beauty and almost magical feel, but their story goes way beyond that. Being a former fly shop owner, I know how much the industry means to them and the importance that fly shops make to the sport. I also believe the Winston history makes me and every devoted fly fisherman warm inside. I look forward to working closely with Winston from 2500 miles away on the west coast of Florida, helping them push saltwater performance to unforeseen levels!"

For more information, please visit www.winstonrods.com or contact Winston at info@winstonrods.com



<http://salmonconservation.ca/en/>

Memorial University - Dr. Craig Purchase

What technology is the most useful when it comes to restocking efforts?

Research underway at Memorial University is hoping to gain some insight with a project designed to look at the offspring quality of virgin/repeat spawning grilse salmon and the success of Jordan-Scotty incubators in conjunction with salmon reintroduction to Rennie's River.

The ASCF has provided the university with \$15,000 in funding; the research is being supervised by Dr. Craig Purchase, an Associate Professor of Biology & Ocean Sciences.

"Salmon conservation regularly requires restocking," says Purchase. "Research has shown the method used to produce juveniles influences long term outcomes. Instream incubation provides natural conditions for fry and exposes embryos to ambient environmental conditions. Scotty-Jordan incubators provide one option for instream incubation, but are difficult to install in areas that lack gravel substrate. This project addresses how installation methods affect silt accumulation, and therefore hatch success in these incubators."

He says this project builds on top of a restoration program in a St. John's watershed and uses eggs from the Exploits River. Egg quality from two spawner types is also being compared through this effort.

"We broke the incubator installation comparison into 2 phases. Phase 1 was completed in November (2015), and Phase 2 began in December, but it will be late spring before they are removed from the river."

"Starting in 2014, we have been comparing offspring quality of virgin versus repeat spawning salmon. We get 10-15% repeat spawning females each year in our samples (five fish in 2014, six fish in 2015) so this research needs to be repeated in multiple years to get a clear conclusion."

Purchase said the grant for this research helped pay for the work on the 2015 spawners.

"We already know virgin/repeat status of females, we know egg sizes of each female and will shortly have information on egg colour. It will be a few months before we know egg chemistry and hatching/fry performance."

This project has already achieved a number of goals – 100 sites were set up in Rennie's River for restocking efforts; experimental incubation sites were set up as well for incubator installation comparisons.

Twenty-five volunteers helped stock the Rennie's River watershed with 86,000 eggs at 86 sites.

The hatch success of the incubator sites will be determined in the summer of 2016





Caenis or Anglers Curse

Caenis, that annoying little fly, is reported in many stillwaters currently. Just 3/6 of an inch long this can really frustrate fly fishermen. Caenis were present at the weekend, the trout were jumping like mad whilst feeding on them, but it took ages to work out what they were taking, damned Caenis!

The caddis is also commonly known as the sedge! Caddis (*Trichoptera*) or sedges can be found anywhere there is fresh water. Mostly nocturnal, the adults hide in vegetation during the hours of daylight and are hard to find. Mating takes place at dusk, either in flight or on vegetation. We often see a them skating across rivers and stillwaters through the year. Over the years there have been many great caddisfly patterns developed, Goddards Caddis and Elk Hair Caddis being two very popular caddis fly patterns. Balloon caddis is a newer pattern with its highly visible hot spot; these are deadly as suspender patterns.



Caddis (or Sedge) Flies (Trichoptera)



Caddis Fly Fishing Techniques

Because caddis are seen skating in bursts across waters we should do the same with our trout fishing flies. Cast single flies using [tapered leaders](#) and twitch retrieve, pull it 12 inches then stop, this mimics the natural. Another deadly alternative is to suspend buzzers or diawl back flies below the caddis as they are highly buoyant, we call the the banker rigs as it is so deadly. Check out our [rigs and techniques](#) blog post for more details and [backgrounder](#) to these superb flies.

[Caenis](#) are possibly one of the most frustrating flies to use, as when trout become focused on them catching with caenis flies becomes tough, hence why they are called anglers curse!

The technique we find very successful is to cast [Last Hope Light](#) (also available as [barbless](#)) or [Grey Dusters](#) size 18 / 20 without any [floatant](#) on a [long leader](#). Although leaving them to move in the current provoked occasional bites, a twitch to submerge these dries followed by gentle retrieves with the dry fly just subsurface can be superb for producing bites when caenis abound.



Top Lake Flies

[Buzzers](#) are working well later in the evening, and in particular [Sandys Tungsten Depth Buzzers](#) (available in [black](#), [orange](#), [red](#) or [yellow](#) by the way). We can recommend using 2-fly teams of a Buzzer with a choice of [Stimulator](#), [Elk Hair Caddis](#) or [Sedgehog](#) on the surface, and the Buzzer just 12 to 24 inches below the surface. Rig up a single dropper by tying the dropper on to the leader separately.

Indeed, this rig can be so potent that previously we have had one fish take the buzzer that we'd let drop over the side of the boat as we were swapping out the [Thingamabobber!](#)

The Brownies and Larger Rainbows are still hammering small fry too. Here, the [Red Head Cats Whisker JC Mini Lure](#) have proved deadly for us when fishing recently with 4 fish banked in a 25 minute spell, right up to 11lbs 6 oz. Unfortunately we lost two BIG Brownies, somewhere in the region of 16 to 18 lbs, one of which we did get to the net *just* before it smashed the 12.5lb leader! The aforementioned Mini Lure proved deadly when trout were on the fry and the sun was blazing.

Sedge Fly Fishing Techniques

By way of general sedge/caddis info, there are great sedge fly patterns, particularly the [Goddard's Caddis](#) and [Elk Hair Caddis](#) patterns that provide deadly sport on both rivers and lakes. Another great fly imitating the caddis is the [Stimulator patterns](#).

Caddis flies are far more flexible than is first envisaged when used in a team. As sedge / caddis flies skate across the surface of the water, these are great flies to suspend buzzers or nymphs below on rivers and lakes. This deadly technique works by allowing the sedge to drift with the [buzzer or nymph](#) below. Both flies are deadly, often called "Bankers" by river fishermen. Try stopping the sedge which forces the suspended [buzzer or nymph](#) to rise and then drop again when the sedge is released on a downstream drift.

Sandy's Straggle Pheasant Tail Fly Tying Pattern Details



designed by the man himself Sandy Dickson of course!

We love these materials so much we use them in the manufacture of our own flies as you can see here in one of our [Sandy's Straggle Pheasant Tails](#) -

The perfect buggy river nymph and great for those Rainbow Trout. With its [straggle string](#) thorax Sandy Dickson has managed to take the Sawyer Pheasant tail one step further to a more 'buggy' nymph than the original. Straggle String thorax's give the appearance of legs and its colours act as an extra attractant, the range of straggle string colours looking like a natural lighter underbody on a nymph and works well with the pheasant tail with the thorax & legs an even bigger attraction and the stunning straggle string colours acting as a hit point.

Sandy designed these flies when he started looking at [Semperfli Straggle String](#). With it's ultra fine body it wrapped around the hook and provided the perfect base for Sandy's version of the original Sawyer Orange Spot Pheasant Tail. Sandy said pheasant tails were one of his preferred river nymphs but he had always wanted to improve on them and make them both more 'buggy', giving the appearance of legs and using colours to attract and stimulate bites

Here is the Step by Step Fly Tying Pattern guide for the Sandy's Straggle Pheasant Tail Nymph flies based on the original PTN by [Frank Sawyer](#). This is a deadly advance on the original Pheasant Tail Nymph with its use of Straggle String Micro Chenille for tying the thoraxes. By using Straggle String with its amazing micro size and UV flecks it looks like a genuine nymph with lots of legs from the UV. It is a deadly fly on both the river and lake and has accounted for many trout. If you need help on proportions check [our ideal nymph fly tying proportion guide](#)

The recommended materials pack contains a pack of the Steelhead Mixed Straggle String which contains Black and stunning fluorescent colours to create a range of deadly hot spots for this Pheasant Tail Variant.

Step By Step Fly Tying Instructions

Step 1

- Catch the Nano Silk on the hook shank at a position between the barb and hook point.
- Tie in 3 pheasant tails using Nano Silk allowing the pheasant tails to extend to an equivalent of approx two thirds of the hook shank length.

Step 2

- Catch in a pheasant tail fibre and the thin copper wire at the tail point of the fly

Step 3

- Wind the pheasant forward two thirds the way down the hook shank
- Tie off the Pheasant Tail with 2 loops on Nano Silk
- Wind the copper wire forward in large loops over the pheasant tail, secure with 4 wraps of Nano Silk then simply pull the copper wire from side to side until it snaps.

➤

Step 4

- Tie in Nano Silk at point where you broke the copper wire.
- Take a bunch of pheasant fibres (4 to 8 should be sufficient depending on the hook size) and tie these in wrap down to the point at which you broke the copper wire.
- Wind the Nano Silk to the eye
- Wind the Straggle String forward to create a thorax and tie off with Nano Silk
- Cover the Straggle String with the bunch of Pheasant Tail centres and ties these off at the eye.
- Cut off the excess Straggle String and Pheasant Tail and whip finish, either varnish or cure with UV bond for example Bug Bond



Welcome Glenn Pontier, Executive Director

NEW DIRECTOR AT FLY FISHING CENTER

Meet Glenn Pontier at Annual Summerfest on August 6 and 7

July 12, 2016

[LIVINGSTON MANOR] – The Catskill Fly Fishing Center and Museum (CFFCM) has hired Glenn Pontier as its new Executive Director. He will be introduced to members and the public at the 2016 Summerfest and Anglers Market on August 6 and 7 at 1031 Old Route 17 in Livingston Manor. A resident of Barryville, NY, Pontier was the long-time former director of Sullivan Renaissance.

CFFCM is dedicated to preserving the heritage of fly fishing, while enhancing the present experience and protecting its future. The center maintains a museum, gallery and workshops on its 53 acre property on the banks of Willowemoc Creek, the birthplace of American dry fly fishing. Located between Livingston Manor and Roscoe, facilities also include a gift shop, library, picnic area, nature trails and pond.

"The Catskill Fly Fishing Center and Museum and its members, along with sister organizations around the country, do way more than 'go fishing.' These are the people who have taken the lead in protecting our streams and woodland environments, even while they are boosting our economy through tourism. I'm proud to be working with this great group of people," said Pontier. "Plus, my hope is to learn fly fishing from the most skilled anglers in the world."

Reporting to the board of trustees, Pontier will have general strategic, operational and creative responsibility for programs, membership expansion and implementation of the mission. He will help establish policies and priorities, oversee staff and volunteers, and represent the organization in the community.

"We are impressed by Glenn's talents to lead our organization and his dedication to Sullivan County and the people who live here," said CFFCM board President Kelly Buchta, "We look forward to him keeping our existing programs on track and organized, while taking our professionalism to a new level and helping us develop new ideas."

Pontier replaces long time director Jim Krul, who retired in January.

While at Sullivan Renaissance Pontier oversaw the organization as it evolved to fund multiple community development initiatives in every town and village throughout Sullivan County. He is recognized as a community organizer, writer and journalist experienced in collaborating with organizations that have various and diverse missions – from government and non-profits to small businesses and corporations. He began work with the Gerry Foundation in 2000 as Director of Communications, helping to plan and create the music pavilion and museum at Bethel Woods Center for the Arts, and handling press communications. Prior to that he was Director of Communications for the County of Sullivan; News Director for WVOS Radio in Liberty; and Editor of The River Reporter in Narrowsburg, where he established, built, managed and edited the award-winning weekly newspaper. He and his wife, Araceli, live along the Delaware River in Barryville.

For more information about Summerfest, museum hours and other programs, call 845-439-4810 or visit www.cffcm.com



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Fly Girl Leather Creations by Annie Margarita
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Annie Margarita creates wonderful original artwork in Leather. Fly fishing is her main interest in leisure and it is reflected in her enthusiasm for creating beautiful utilitarian cases. She researches aquatic life and fish, artificial flies, and three dimensional techniques to bring each case to life in its own unique way. Each case is designed individually and never repeated. Her cases are always named and have an antique finish to them to convey history and patina.



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Our Signature Destinations are a cross section of the planet's finest fly fishing lodges, outfitters, and camps. They're an honour roll of great fishing spots, and the culmination of more than three decades of field exploration, experience, and hands-on involvement.



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Welcome to Fly Fishing Fine Art , including original paintings , limited edition prints and commissions in fly fishing and angling themes, by Canadian watercolor artist Diane Michelin. Diane is anxious to capture the essence of fly fishing and record those memories that bring us back to the river. Her art is currently on display in museums, fly shops, lodges and private collections. Browse through the gallery, and contact Diane Michelin directly to discuss your purchase of fly fishing fine art.



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